

ANNOUNCEMENTS

2-28-21

Stuff to know about Christ Lutheran during the pandemic

Sunday worship in March is at 10:00am on Facebook live.

Here are some pictures from CLC folks' Lenten altar spaces and prayerful journaling in the Guidebook.

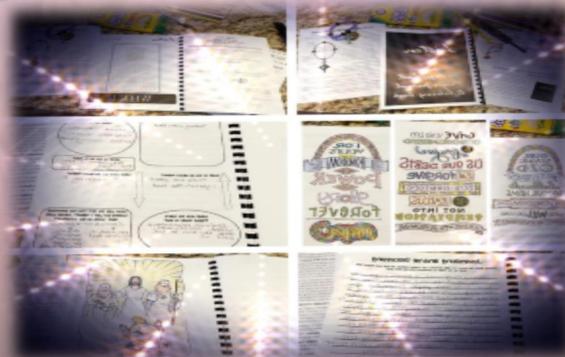
From
Steve
&
Jeannene Schweitzer:



From
Christina, Tom, Henrik
&
Ally Vingerud:



From Nancy Muthø:



LENT 2021:
Listen
STORIES & PRAYERS FROM JESUS

Our theme for Lent this year is

"Listen: Stories & Prayers from Jesus." Hopefully you were able to pick up a Lent-in-a-Bag and have started through the Guidebook & Prayer Journal.

(There are still a few left if you need one.)

We've also been releasing daily videos on the church Facebook page that are helping us better understand the Lord's Prayer through stories, prayer activities, songs, games & crafts. If you missed one of the videos, the links to these videos are also available on our website. We also have a weekly Wednesday Lenten service at 7:00pm on Pastor Chad's Facebook page. These Wednesday services are utilizing the Anglican Prayer Beads from your Lent-in-a-Bags, so you'll probably want to have your beads put together and ready to go (although if you don't have beads, you'll still be able worship). Finally, since we can't have our normal Wednesday Lenten meals, we invite you to at least have the same menu at home as other folks from church.

This Wednesday, our suggested meal is Baked Potato Bar.



Filling the Gap will be very different this spring. It will be a one day only event at each Filling the Gap location and each student will receive a sealed box with five meals and five milks. Our sites will not be needing or distributing snacks this spring. These adjustments are to protect the kids and volunteers. However, if you would still like to help with Filling the Gap, consider sharing the cost of the meals with us. Any amount would be welcomed (consider what you would have spent on the snacks as a starting point) to help defray that expense. Checks sent to Partners for Wichita

(925 N. Waco, Wichita, KS 67203) with 'Filling the Gap' in the memo space will be used for that purpose only.

Thank you so much for your care and concern for hungry kids in our community.

APOLOGIES TO CINDY THOMPSON

We left Cindy Thompson off of our birthday list in February. Cindy's birthday is February 29th, so we wish her the loveliest of leap day birthdays!





Hello CLC friends!

I wanted to let you know that we (CLC) are scheduled as the primary host for Family Promise the week of March 21-28.

Family Promise is operating with only one rotation and serving one family at a time. Given current covid limitations, this will be set up similar to how we did it last March. The family will be staying at the day house and we will be responsible for providing evening meals as well as stock up with food for other meals. I will be sending out a volunteer signup sheet in the near future. Volunteers that make and bring meals do not need to have the training given there is limited contact with family. Derby Friends and Rose Hill Friends are backup for us if we can't cover some evening, etc.

Thanks in advance for your assistance,

Elaine

WORSHIP SCHEDULE FOR MARCH

OUR CHURCH COUNCIL HAS DECIDED TO REMAIN VIRTUAL-ONLY FOR WORSHIP FOR MOST OF THE MONTH OF MARCH.

THEY WILL REVISIT THE ISSUE AT THEIR NEXT COUNCIL MEETING ON MARCH 15, AND WILL BE MAKING A DECISION ABOUT HOLY WEEK & EASTER SERVICES AT THAT POINT IN TIME.

PLEASE WATCH YOUR EMAILS AND THE ANNOUNCEMENTS FOR SPECIFICS AS IT GETS CLOSER.



Need a small project to knit or crochet?

I have been working in the labor and delivery unit at Wesley Medical Center for almost 40 years.

One aspect of my job is to care for women who have stillborn babies or babies who are born too early to survive.

I checked with the bereavement team to see what is needed at this time that can be donated. Pictures are taken of the babies for the family to remember them and we give the blanket and tiny gown that the baby is dressed in to the family as a memento.

Women at another church sew the tiny gowns but small blankets are needed for the babies who weigh about 1 pound.

Dorothy Sondergard (Gwen Snow's mother) crocheted some beautiful blankets over the years. What would be helpful: blankets that are 18" square in neutral, muted colors, especially for boys **no purple please or "happy" prints**

Thanks so much for caring
for grieving families!

-Rosie Harder



HUMAN NEEDS



Lutheran World Relief
SUSTAINABLE DEVELOPMENT. LASTING PROMISE.

Need "Retail Therapy"?

But don't have any immediate needs? Please consider buying items for the May Human Needs project. I find that the colors of baby clothes bring me joy in these dark days of winter and challenging times. Please join us by purchasing:

- 1 white t-shirt size 12 month or larger (NO ONESIES PLEASE--the bottoms get wet and soiled)
- 1 short-sleeved printed t-shirt size 12-24 month
- 1 long sleeve printed t-shirt size 12 -24 month
- 1 gown size 3 month or larger (12-24 month sleepers without feet are fine, if with feet the baby outgrows it faster)
- 1 pair of pants or jeans size 12 -24 month
- 2 blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, 36-52" square (please avoid the small receiving blankets that are 30x30 as the infant outgrows these quickly)
- 1 jacket, sweater or sweatshirt with a hood, or include a baby cap (size 18-24 month)
- 2 pairs of socks
- 1 hand towel, dark color recommended
- 2 or 3 bath-size bars of gentle soap equaling 8-9 oz, any brand, in original wrapping; no mini or hotel size bars (I buy unscented Dove)

I buy moderately priced clothes. Some of the people who receive these live in refuge camps so it might add to their stress if another individual receives something that appears expensive. I find suitable items at Target and Walmart.

Gently used, clean items (no stains or tears) can be substituted for new ones. We will purchase cloth diapers from the noisy offering fund. You may buy individual items or make a complete kit. For questions you may ask Jean Beal, Deborah Bischoff, or myself. Each of us have made kits for a number of years. The truck to pick up kits and quilts is scheduled to come on Oct 5, 2021. I read notices from Lutheran World Relief and pleas have been sent out in the last year for baby care kits, school kits and personal care kits. Quilts are also always needed. For three generations, God's mercy has been extended through nearly 27 million quilts. People in other parts of the world live with daily suffering. We have so much to be thankful for!

For more detailed information look up www.lwr.org

Thank you for your interest in this project! We placed it in May in honor of Mother's Day.

Rosie Harder ma28rr77@cox.net 316-200-3233





We celebrate with Brian Lechner & Bethany Davidson upon the birth of their new son, Gabriel David Cain Lechner.

He was born on February 18, and was 6 lbs, 13 oz.

He is the grandson of Mike & Ana Lechner,
and joins siblings Lena, Michael, Riley & Lilah.

Congratulations!



Congratulations to Matt & Kelsey Helmick on the new addition to their family! Aspen gained a new little brother, Ryden Storm Helmick. He was born on February 5, 2021 and was 7 lbs, 15 ounces, and 20 inches long.

Ryden is also the grandson of Nancy & John Muther,
and the great grandson of Barbara Apps.

Everyone seems to be doing well!

Welcome



Vaccine Notes

As your parish nurse – I'd like to share information on the COVID vaccine with you. Jim, Brittany & I have all received both doses as health care workers (I went to work part-time at Via Christi in December to help with vaccine administration). Jim manages the vaccine allotment for Via Christi & I've worked numerous hours at the vaccine clinic. So between the two of us – we hope to help you all with questions or concerns. Here are a couple of common ones.

1. Was the vaccine rushed through too quickly?

Answer: No. **Messenger RNA technology** was first developed in the 1990's. "**Genome Sequencing** (first developed in the 1970's) enabled the world to rapidly identify **SARS-CoV-2** and develop diagnostic tests and other tools for outbreak management. Continued **genome sequencing** supports the monitoring of the disease's spread and evolution of the virus." (taken from a document of the World Health Organization) These two technologies pair together perfectly in the creation of our new mRNA vaccines. As far as the timeline – I feel that's a God thing – a modern day miracle that such a vital tool in fighting this pandemic could be developed in a matter of months.

2. Is the vaccine safe?

Answer: Yes. The thousands of people in the studies & the millions that have already taken the vaccine are a testament to that.

3. How soon will the vaccine be available?

Answer: It is coming as fast as it can. Neighborhood pharmacies will be receiving doses to administer within the next few weeks – along with the county health departments. Those over 65 years old will be done before others in the Phase 2 category, *in general*. Counties can adjust some rules as they see fit. For now, we have to be persistent & patient.

4. Will the Messenger RNA vaccine change my DNA?

Answer: No. From the Harvard Health Newsletter: "An mRNA vaccine — cannot change your DNA. mRNA, or messenger RNA, is genetic material that **contains instructions** for your body to make proteins. mRNA vaccines for COVID-19 contain man-made mRNA. Inside the body, the mRNA enters human cells and **instructs** them to produce the "spike" protein found on the surface of the COVID-19 virus. Soon after a cell makes the spike protein, the **cell breaks down the mRNA into harmless pieces**. At no point does the mRNA enter the cell's nucleus, which is where our genetic material (DNA) lives.

The immune system recognizes the spike protein as an invader and produces antibodies against it. If the antibodies later encounter the actual virus, **they are ready to recognize and destroy it** before it causes illness." This is a great website for answering questions:

<https://www.health.harvard.edu/diseases-and-conditions/preventing-the-spread-of-the-coronavirus>

I'm happy to help with personal questions any time.

Stay safe & healthy!

Mary Garrelts RN, Parish Nurse

316-640-7009 (leave a message & I'll return it ASAP)

mbgarrelts@cox.net

For the week of February 28, 2021

God's Story @ Home

PRAYING GOD'S STORY

Mealttime Prayer: Loving God, we thank you for all you have blessed us with. We pray right now for all those who are hungry, that you would use your people to bless them with food and everything else they need. Amen.

READING GOD'S STORY

Listen as you read: What do you hear God saying in each of these stories?

Sunday	Luke 13:1-9, 31-35	Jesus Preaches Repentance
Monday	Luke 13:10-17	Jesus Heals a Woman
Tuesday	Luke 13:18-30	Jesus Teaches
Wednesday	Luke 14:1-6	Jesus Heals a Man Who Is Sick
Thursday	Luke 14:7-14	Humility and Hospitality
Friday	Luke 14:15-24	The Parable of the Great Dinner
Saturday	Luke 14:25-33	The Cost of Discipleship
Sunday	Luke 15:1-32	The Lost Is Found

CONTEMPLATING OR DISCUSSING GOD'S STORY

Take a moment to check in with each other or to use the questions below.

? **Highs and Lows:** Talk about a time when you have been generous to someone and how it made you feel. When have you missed an opportunity to be generous?

? **Thinking about This Week's Story:** This week, Jesus reminds his followers to repent—to confess their wrongdoings and change their behavior. What is one thing you did today that you need to confess?

? **Getting Ready for Next Week's Story:** Jesus reminds us that we should not focus only on ourselves, but to help those who are in need. When have you helped someone today? When has someone helped you?

LIVING GOD'S STORY

SERVICE is how we enact God's great love for the entire world.

Commit to doing one random act of kindness for a stranger every week. Try paying for the car behind you in line at a drive-up window or help a neighbor with yard work.